



Arbour Lake REFLECTIONS



**ALCA
AGM**

September 13, 2018





ARBOUR LAKE COMMUNITY ASSOCIATION

P.O. Box 68006 Crowfoot RPO
Calgary, AB T3G 3N8
(403) 455-2520

www.arbourlakecommunity.com

<https://www.instagram.com/arbourlakeca/>

<https://twitter.com/arbourlakeCA>

<https://www.facebook.com/arbourlakeca/>

Executive

President Shelley Winch Vice President Leesa Edington
Treasurer Vidya Perai Secretary & Communication..... Leah Beamish

Directors

Sports Director Vacant
Planning and Development Ray Wilkinson
Director at Large Lynne Walker
Director at Large Mike Walker
Director at Large Virginia Rayner

Other Community Contacts

Newsletter Editor: newsletter@arbourlakecommunity.com Maria Martin
Scouts: arbourlakescouts.ca ArbourLakeScouts@gmail.com
Girl Guides: calgarygirlguides.com
Arbour Lake Community Choir: Karen 403-275-9845
Community Resource Officer: Cst. Jason Snyder 403-651-6731

Sports

Soccer

Arbour Lake Soccer www.soccertech.ca/arbourlake
Blizzards: Alan Rickwood gmbizzardsoccer@yahoo.ca
Calgary West: Rose Simard-Bachand info@calgarywestsoccer.ca

Baseball

North West Little League www.nwll.ca
Baseball Calgary registrar@baseballcalgary.com

Basketball

Steve Flesch 403-861-8532

Rugby

Calgary Saracens website: calgarysaracens.com

Skating

Crowfoot Skating registrar@crowfootskating.com

Elected Officials

MLA Calgary-Hawkwood: Michael Connolly 403-216-5444
Councillor: Joe Magliocca 403-268-3280
Pat Kelly, MP Calgary Rocky Ridge 403-282-7980

The Arbour Lake Community Association (ALCA) publishes information that has been provided to us by community members and other organizations.

The ALCA does not accept responsibility for the accuracy or the potential liability for information passed onto the community as the information is provided with the condition and expectation that all persons using the information will use their own due diligence and discretion.

The next issue of Arbour Lake Reflections is October 2018
Submission deadline September 7, 2018

Please submit articles to the ALCA at:
newsletter@arbourlakecommunity.com



In Our Community

ALCA Board Report

Hello Neighbours!

Please join your ALCA board members on September 13 for the ALCA Annual General Meeting and Social at Schanks. To assist with numbers for food, advance registration through www.arbourlakecommunity.com is encouraged. However, you're welcome to attend whether or not you were able to register in advance.

Over the past year, the current board undertook strategic planning, with support from our Neighbourhood Partnership Coordinator. We defined our values, set priorities and updated our vision and mission (see below). We'd like your help as we begin to implement this strategy and address our community's priorities.

We're looking for help with:

- Growing our sports programs by reaching out to other non-profit sports clubs to promote them within Arbour Lake
- Collecting community views on planning and development matters to improve representation with the City
- Liaising with local schools to communicate school happenings through our newsletter or social media (this role could be filled by a student)
- Working with local businesses who want to support ALCA activities through sponsorship or donations
- Developing new events and programs such as Adult Socials (could be a pub night, a coffee social, a book club, etc.)

Vision

The Arbour Lake Community Association supports a welcoming home for our diverse community.

Mission

To collaborate with the community to provide an environment that encourages a sense of belonging through communication, activities and programming.

Shelley Winch – ALCA President



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Councillor Report

City Council has approved 14 new suburban communities to be built over the coming years, including four communities in Ward 2 within the Glacier Ridge Area Structure Plan. This includes the redevelopment of the Symons Valley Ranch, which will be moving forward very soon. The new market will support 140 vendors and provide over 220 jobs. There will also be opportunities in the Ag-Tech industry to establish new businesses. In total, there will be over 1300 jobs created within the full build out of the new Symons Valley Ranch and over 2400 construction jobs.

The three other communities approved within Glacier Ridge are north of 144th Avenue. The approval of these communities will provide over \$1 Billion of investment in Ward 2 and nearly \$200 million of developer funded levees to support infrastructure in our communities. This includes the connection of 144th Avenue between Evanston and Symons Valley Road. These projects will also help advance my priority infrastructure projects - the 14th Street Interchange and twinning the Shaganappi Trail Interchange on Stoney Trail. I hope to be able to announce construction timelines of these projects this fall.

While Council continues to move forward with the potential Olympic Bid, I continue to be very concerned with the cost to taxpayers. On July 30th, I voted against spending an additional \$5 million on the Bid. Furthermore, Councillors Chu, Farkas, and I put forward a motion to make the work of Calgary's Olympic BidCo subject to the same freedom of information laws that apply to public bodies in the province. Unfortunately, Council did not support our motion for greater transparency on the Olympic Bid.

As our kids get back to school, please use extra caution on our roadways. Please also respect traffic and parking restrictions around schools so that our kids will be safe.

Joe Magliocca, Councillor, Ward 2



Arbour Lake Community Association vs. Residents Association

Do you know the difference?

This publication is for the Community Association. The ALCA represents the entire community with the exception of the lake and hall facilities. The ALCA focuses on enhancing our community life beyond the lake borders.

The purpose of your Community Association is to increase community spirit and pride, as well as to address neighbourhood concerns.

The ALCA does:

- Address local issues with residents
- Connect different social groups within our community
- Support community projects and events including: Parade of Garage Sales, RAC Soccer program, Neighbour Day, little free library, adult fitness park, community garden (in progress), choir
- Receive and communicate notifications of development permits

Community Liaison with:

- The City of Calgary and other governments
- The schools
- The Calgary Police and Fire Departments

The ALCA does not:

- Deal with the lake, hall, or the park space beside the hall
- Maintain the Arbour Lake arbour structures
- Maintain the flowers in the boulevards

Community Association membership is voluntary, costs \$25.00 per year and every household is encouraged to become a member. *We do not receive any funding from annual lake dues.*

DID YOU KNOW??

The average classroom pencil can write approximately 45,000 words.



Prepping for School

With preschool and kindergarten starting this month, we wanted to share some tips for making sure the transition continues smoothly!

- There are lots of great books with themes about starting school — many of them involve characters that your child already knows and loves (keeping familiar things close is very comforting during times of big change). Snuggle up together and share a story: you'll be increasing your child's feel-good sensations around learning and reading!
- Start a routine at home that practices skills your child will need to do on their own (like self-care tasks around washing hands, taking off and hanging up jackets, etc). Make-believe you're at preschool with your child and take turns being the teacher and the student!
- Try not to diminish or deny the feelings your child has around starting school. Avoid saying things like "there's nothing to worry about!". Instead reassure your child, saying "I understand that you're feeling nervous about school — it's such a different and exciting experience!" and brainstorm ideas on ways your child can comfort and calm themselves. Labelling our emotions and building strategies before the meltdown allows us to move towards action instead of being overwhelmed. Having a strong emotional vocabulary and sense of resilience is an important school skill to work on, and one even adults need help with sometimes... which reminds us:
- You are excited for your child's new adventure, looking forward to regaining some alone time, sad to say goodbye to the early years, and worried about your child's future success. Starting school can be as difficult for you as it is for your child. Help manage some of those feelings by following your own advice — acknowledge them and build in some strategies:
- Plan a first-day coffee date with other parents who have school-starters
- Organize a special event with other family members who are home with you during the day (they'll be missing your little one too)
- Go 'back-to-school' yourself and pick up a new hobby or activity that you've always wanted to develop!

This is a time of big change for everyone, but it's a positive and exciting one. With a little bit of planning

and some solid strategies, it's going to be a good first year of school!

The Calgary NW ECD Coalitions consist of three coalitions who have joined forces with parents, community members, organizations and professionals, who are all working together to better the lives of young children and their families. We work hard to support five important developmental areas for children based on the Early Development Instrument (listed above). We are always looking for interested parties to join our coalitions.

If you are passionate about children and their future, and would like more information about the Calgary NW ECD Coalitions, or if you have any questions, please email us at: nwecdcoalitions@gmail.com.



Calgary NW Early Childhood Coalitions

A promotional poster for the Arbour Lake Community Association. The background is a textured, parchment-like yellow. At the top, a black banner with yellow text reads "Arbour Lake Community Association". Below this, the date "Thurs, Sept ... 13 ..." is written in large, bold, dark red letters. To the right of the date, the words "Annual General Meeting" are written in a very large, bold, dark red font. Below the date, smaller text says "Let us thank you for your support, hear your ideas & show you what we do!". To the right of this text, the words "and social gathering" are written in a yellow, cursive font. Below a dotted line, the text "Reg 6:45 PM, Meeting at 7" is written in dark red. Underneath that, "@ SCHANKS SPORTS GRILL - Crowfoot" is written in dark red, with "SCHANKS SPORTS GRILL" in a white box with a red outline. Below this, it says "1 Free Drink per member and some light snacks". At the bottom, it says "Register in advance at" followed by the website "www.arbourlakecommunity.com" in a dark red font.

Please check our website and Facebook page on the date to confirm the meeting location. Schanks is currently undergoing renovations, so there is a possibility that the venue will need to be changed.

Give While You Live

As a father, mother or grandparent who has done well in life, you have probably considered giving financial gifts to your adult children or grandchildren while you are still alive instead of, or in addition to, providing an inheritance to them when you are gone. There are certainly benefits to doing that -- for your beneficiaries... and for you.

For your family: You'll be giving them money when they most need it – to pay down a mortgage, to buy a larger house for a growing family, to pay for a wedding, to fund a post-secondary education, or for hundreds of other good reasons.

Your gift may also reduce your family's annual tax bill. If you are in a top marginal tax bracket, and you give money to your adult children who are in a lower tax bracket, any income that gift generates will be taxable to the children at their lower rate.

For you: There are no tax restrictions on gifts to children (or others) while you are still alive so you can see your beneficiaries enjoy your gifts and gain insights

from how they use them. This may help you firm up an estate plan for future gifting.

There are other financial advantages to giving while living. Although there is no inheritance tax in Canada, the financial gifts you give to your children may lower the value of your estate, and also reduce or eliminate capital gains taxes on your property deemed disposed immediately prior to your death. Any capital gain on the gifted property will be realized and taxable to you at the time of the gift, however in many cases your marginal tax rate will be lower in retirement than in the year of your death.

For your estate: It's not a universally good idea to avoid probate (the formal validation of your will and of the person who will act as executor of your estate) but gifting while living can reduce probate fees on your estate which can be high, depending on the province in which you live -- for example, Ontario probate fees (called an Estate Administration Tax) top out at 1.5% of an estate's value.

Considerations: Look carefully at all the aspects of giving while living, including:

- Your current net worth and lifestyle requirements as they are now and as they may be in the future.
- Future factors such as health risks that may strain your financial resources.
- Ensuring your "early inheritance" of money or property goes to the right person(s) (especially important in blended families).

You want to give while you live and you want to have sufficient financial resources to last for your lifetime. That takes careful planning – so before putting a bow on your gift(s) talk to your professional advisor.

*Jamie Powell, CFP, EPC, RRC - Arbour Lake Resident
Comments and questions can be directed to the editor.*

It's In The Name! September Fun Facts.

The nine month of the year – SEPTEMBER – comes from the old Roman word septem (meaning seven) because in the Roman calendar it was the seventh month. The Romans believed that the month of September was actually looked after by the god of fire and forge – Vulcan.

We Want Your Photos!

We are looking for photos of our community! Your picture could be the cover of our next newsletter! Files should be high resolution, in focus, and at least 8" by 12" at 300 dpi. No cell phone pictures, please!

Please send photos with photo credit and full address to: newsletter@arbourslakecommunity.com

Please note: Everyone who submits a photograph must read and agree to the following release. Photo release: I agree that the Arbour Lake Reflections may use the Photograph that I have submitted under the following terms and conditions: 1. I own this Photograph, and I own all the rights, including copyright, necessary to submit this Photograph to ALR. 2. I am the sole owner of copyright on this Photograph, and I understand that I am granting ALR the nonexclusive right to use it in any way that ALR sees fit. 3. Participants who have modeled or posed in the photo have assigned all relevant rights to me.



Back to School Safety

Alberta Health Services AEMS would like to remind parents and students about some road safety tips, as streets become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.



Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles - other than those that are parked - in school zones or playground zones, during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop;
- Stay within the crosswalk lines until fully clear of the roadway;
- Obey pedestrian lights at intersections. Cross the street only when you see the ‘walk’ sign and only when all cars have come to a complete stop;
- If you are with young children or pets, hold your child’s hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Development News

City of Calgary:

New Development Permit Application

To: Arbour Lake Community Association,
Ray Wilkinson, Calgary, Alberta
Date: June 26, 2018

D.P. Number: DP2018-2730;
Parcel Address: # 64 Crowfoot Close N.W.

Land Use Bylaw: 1P2007
Legal: 9310710; 4 ; 44 L.U.D. DC

Applicant: Rick Balbi Architect
Community: ARBOUR LAKE;
Sec. Number 10NW; Ward: 02

Description: Change of Use: Automotive service
Gross Floor Area: 0 feet – squared
Dwelling Units: 0
Proposed Development is: Discretionary
Proposed Use: Automotive service
(New Firestone Tire Service)

City of Calgary:

New Development Permit Application

To: Arbour Lake Community Association,
Ray Wilkinson, Calgary, Alberta
Date: June 27, 2018

D.P. Number: DP2018-2861;
Parcel Address: 151 Crowfoot Crescent N.W.

Land Use Bylaw: 1P2007;
Legal: 8211170; 5 ; 1 L.U.D. DC

Applicant: DIALOG
Community: ARBOUR LAKE;
Sec. Number 15NW; Ward: 02

Description: Changes to Site Plan; Retail Store
(garbage enclosure, parking reconfiguration, new doors, parapet addition. & refurbish building facade)
Change of Use: Retail Store
Gross Floor Area: 0 feet – squared
Dwelling Units: 0
Proposed Development is: Discretionary
Proposed Use: Retail store (Shanks Sports Grill)



Events In and Around Calgary

Calgary Highland Games:

September 1, Calgary Rugby Union. For a wee bit of fun, enjoy the Calgary Highland Games for all things Scottish. The games feature highland dancing, traditional heavy events, Scottish food samples, and of course, the pipes. www.calgaryhighlandgames.org/

Calgary Pride Parade:

September 2, Eight Street. Calgary's gay, lesbian, bisexual and trans-gender community celebrate diversity at the Calgary Pride Parade. The parade's route will start at Eighth Street SW and head east along Eighth Avenue SW. Everyone is welcome, enjoy the party. <http://www.calgarypride.ca>

Spruce Meadows Masters

September 5 – 9, Spruce Meadows. See the world's best equestrian athletes compete for over two million dollars in prize money at this exciting international show jumping tournament. The grand Masters Tournament also includes the Equi-Fair, Festival of Nations, Battle of the Breeds and the Spruce Meadows Prairie Dogs competition. <https://www.sprucemeadows.com/>

Calgary PMA Fall Harvest Sale

September 9 – 10, Heritage Park. The Calgary Produce Marketing Association's Annual Fall Harvest Sale. Truckloads of Fresh Produce are brought in for this charitable event, giving you a chance to stock up on Fresh Fruits and Vegetables at amazing sale prices. Proceeds from this event go towards; the Alberta Children's Hospital, the Community Kitchen Program and the Heritage Park Society. <http://calgarypma.ca/fall-harvest-sale/>

TELUS Spark Adults Only Night:

September 13, TELUS Spark. Experience the ultimate night out at the Science Centre. Open for extended hours, from 6:00 p.m. – 10:00 p.m., just for adults. Humans have been hacking the world around us since we started making bones into tools. Hacking is the

art of making something the way you want it, instead of the way it is. You may have already tried hacking electronics or toys, but what about hacking your life or your mood? www.sparkscience.ca

Hustle For The House

September 16, Market Mall. Event includes the 1K McDonald's Go Active! Walk, 5K walk/ run and a 10K run, for the whole family. Route options include the family friendly 1K McDonald's Go Active! Walk, 5K Walk or Run and the 10K Run. Join us at the Family Festival for food, bouncy castles, caricature artists, balloon twisters, petting zoo, face painting, photo booth and a live entertainment. Hustle for the House is an important fundraiser for Ronald McDonald House Charities® Southern & Central Alberta. <https://raceroster.com/events/2018/17781/hustle-for-the-house>

Beakerhead

September 19 – 23, Various Locations. One of the world's most original and eclectic spectacles of art, science and engineering, will erupt this September 16-20 when the third annual Beakerhead hits the streets and venues of Calgary, Alberta. Look for mechanical creatures, multi-story art installations, famous and soon-to-be famous scientists and inventors, and performances by people and machines. <https://www.beakerhead.com/>

Calgary Fall Home Show

September 20 – 23, BMO Centre. The Calgary Home + Design Show is the ultimate authority on all things design, entertaining and home improvement. With a handful of insightful and informative presentations, plus more than 350 exhibitors and a slew of sensational new features, there's expert insight, innovation and inspiration for stylish living at every turn. <https://calgaryfallhomeshow.com/>

Tickets, admission or registration may be required for events. Event details are believed correct as of press time but may change at any time.





ALCA Membership 2018

The Arbour Lake Community Association (ALCA) is a non-profit organization governed by a group of volunteer residents committed to representing the people in our community. We are your representative voice to the city in civic affairs such as planning and development, we create, promote and facilitate recreational and educational activities and work to address social welfare issues. We want to create a sense of belonging by bringing people together under common goals and generally help to enrich the lives of our community.

Where are your membership funds used? Some examples are community playgrounds and a fitness park, the spring soccer program, our annual community garage sale, a keyboard for our community choir, the

monthly Reflections newsletter, insurance and much more. Your contribution enables the ALCA to fund a variety of worthwhile projects and programs that enrich community life.

It is important to know that the ALCA is a separate entity from the Residents Association (ALRA) and we do not receive any of the annual homeowner's fees. Membership is voluntary and costs \$25 per year.

Annually, the 20,000 community association volunteers contribute 2.4 million hours of public service, which has an equivalent monetary value of over \$28 million – excerpt from the Federation of Calgary Communities website.



P.O. Box 68006 Crowfoot RPO
Calgary, AB T3G 3N8
(403) 455-2520
Email info@arbourslakecommunity.com
www.arbourslakecommunity.com

Support your Arbour Lake Community Association by purchasing your membership. Membership is voluntary and costs \$25 per year.

How to purchase?

Online at www.arbourslakecommunity.com

By Mail with payment and completed form. Please make cheque payable to *Arbour Lake Community Association* and mail to: Arbour Lake Community PO Box 68006, Calgary, AB, T3G 3N8.

2018 Membership

- Yes, I want to volunteer for the Arbour Lake Community Association and be a part of making Arbour Lake a great place to live, work and play.
- I Consent to Receive Emails from the ALCA.

Name (First & Last) REQUIRED
Address REQUIRED
Email REQUIRED
Phone REQUIRED

Arbour Lake Community Association is a non-profit organization. We will not use your information for any commercial activity.