



Arbour Lake REFLECTIONS



Back to School!





ARBOUR LAKE COMMUNITY ASSOCIATION

P.O. Box 68006 Crowfoot RPO
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(403) 455-2520

www.arbourlakecommunity.com
www.facebook.com/ arbourlakecommunityassociation/

Executive

President Shelley Winch Vice President Leesa Edington
Treasurer Vidya Perai Secretary & Communication..... Leah Beamish

Directors

Sports Director..... Adrian Textor
Planning and Development Ray Wilkinson
Director at Large Lynne Walker
Director at Large Mike Walker

Other Community Contacts

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Community Resource Officer: Cst. Jason Snyder..... 403-651-6731

Sports

Soccer

Arbour Lake Soccer..... www.soccertech.ca/arbourlake
Blizzards: Alan Rickwood gmbizzardsoccer@yahoo.ca
Calgary West: Rose Simard-Bachand..... info@calgarywestsoccer.ca

Baseball

North West Little League www.nwll.ca
Baseball Calgary registrar@baseballcalgary.com

Basketball

Steve Flesch..... 403-861-8532

Rugby

Calgary Saracens website: calgarysaracens.com

Skating

Crowfoot Skating registrar@crowfootskating.com

Elected Officials

MLA Calgary-Hawkwood: Michael Connolly..... 403-216-5444
Councillor: Joe Magliocca..... 403-268-3280
Pat Kelly, MP Calgary Rocky Ridge..... 403-282-7980

The Arbour Lake Community Association (ALCA) publishes information that has been provided to us by community members and other organizations.

The ALCA does not accept responsibility for the accuracy or the potential liability for information passed onto the community as the information is provided with the condition and expectation that all persons using the information will use their own due diligence and discretion.

The next issue of Arbour Lake Reflections is October 2017
Submission deadline September 8, 2017

Please submit articles to the ALCA at:
newsletter@arbourlakecommunity.com



In Our Community

ALCA Board Report

Hello Neighbours!

Hope you all had an enjoyable summer despite the H smoke drifting in from the west. There's always a bit of sadness as the lazy days of summer come to an end but I've always thought of September as the real beginning of the year as I've prepared myself or my child to start a new school year. This can make it a busy time of year but, after the initial bustle, things settle down and a routine is re-established. This might be a good time for you to take stock of what's happening in your community.

Some Arbour Lake neighbourhoods are taking advantage of people returning from summer travels to hold block parties. Did you know that the ALCA provides funds to assist with this? To apply, you have to hold a valid ALCA membership (that's the optional \$25 one, not covered by your annual lake fees). Check out our website for block party details and the application form.

In case you've been out of town all summer and missed the news, the land previously known as the Hawkwood Farm, is being developed by Hopewell Residential. The City of Calgary has an online survey open until September 10 as one means of gathering feedback from the community. You can access it at Calgary.ca/arbourlake or through the link on the ALCA website www.arbourlakecommunity.ca.

(continued next page...)

DID YOU KNOW??

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ALCA Board Report

And finally, the ALCA annual general meeting will be held in November. Now is a good time to start thinking about how you can contribute to building a strong community. We're looking for new board members to supplement the 8 volunteers currently serving. If you have an interest in community sports, fundraising or program/event planning, use the Contact Us form on our website to let us know you'd like to join our board or volunteer some time to a specific project. Remember, contributing to your community counts as one of the three things Mayor Nenshi wants you to contribute for Canada's 150; threethingsforcanada.ca. To participate in the AGM, you'll need to be a member of the ALCA for at least 30 days, so buy your membership now.

Shelley Winch - ALCA President

Tree Removal on John Laurie Boulevard

Due to the condition, the green ash trees will be removed along John Laurie Boulevard. Calgary Parks is currently investigating the option to plant other trees, but it is likely that replanting will be next year.



justREEL Film Screening

When: Tuesday, September 12, 2017
Film: The Grizzly Truth
Time: 7:00 p.m.
Where: River Park Auditorium
3818 14a St SW Calgary, AB

Presented by the Marda Loop Justice Film Festival

See our website for more details:
<http://www.justicefilmfestival.ca/>

Councillor Report

As our kids get back to school, please pay extra attention when driving, especially around schools and playgrounds. At our last council meeting in July, I re-introduced a motion to have administration look into requiring school buses to use their flashing lights when picking up and dropping off children. This is the norm in most other jurisdictions and can be achieved at zero cost to taxpayers because buses are already equipped with these safety features. I thank council for voting 12-1 in favour of this motion.

Another important vote in council was on the issue of an Olympic Bid Plebiscite. I supported Councillor Sean Chu's Motion for a plebiscite because I believed that a decision of this magnitude, both financially and culturally, should be made directly by Calgarians. I also believed that by October, voters could have had sufficient information to make an informed decision on this matter. Unfortunately, the majority of City Council voted against a plebiscite. As exciting as an Olympic Bid may be, I do not want to see the kind of costs downloaded on Calgary taxpayers that have been prevalent in many other cities that have hosted Olympic events.

Construction of the new "Shane Homes YMCA" on Country Hills Boulevard in Rocky Ridge is in its final stages and is scheduled to be complete at the end of this year and opened to the public in early 2018. When opened, this facility will contain an 8 lane competition pool, leisure pool with a wave system and water slides, multi-purpose ice rink, 3 full gymnasiums, fitness centre, library, 300 seat theatre and many more amenities. I would like to thank Shane Homes for their \$3.5 Million investment in the new recreation centre that will serve all of northwest Calgary for many years to come.

Joe Magliocca, Councillor, Ward 2

We Want Your Photos!

We are looking for photos of our community! Your picture could be the cover of our next newsletter! Files should be high resolution, in focus, and at least 8" by 12" at 300 dpi. No cell phone pictures, please!

Please send photos with photo credit and full address to: newsletter@arbourlakecommunity.com

Please note: Everyone who submits a photograph must read and agree to the following release. Photo release: I agree that the Arbour Lake Reflections may use the Photograph that I have submitted under the following terms and conditions: 1. I own this Photograph, and I own all the rights, including copyright, necessary to submit this Photograph to ALR. 2. I am the sole owner of copyright on this Photograph, and I understand that I am granting ALR the nonexclusive right to use it in any way that ALR sees fit. 3. Participants who have modeled or posed in the photo have assigned all relevant rights to me.

Back to School Safety

Alberta Health Services EMS would like to remind parents and students about some road safety tips, as streets become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles - other than those that are parked - in school zones or playground zones, during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop;
- Stay within the crosswalk lines until fully clear of the roadway;
- Obey pedestrian lights at intersections. Cross the street only when you see the ‘walk’ sign and only when all cars have come to a complete stop;
- If you are with young children or pets, hold your child’s hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Alberta Health Services



Have You Played Yet?

The new playground located in the field by Arbour Lake Middle School is up and running. The children LOVED the new equipment and it’s just getting busier and busier. Never forget that although a playground is fun, fun, fun, it is also vital for development of young children! Never stop playing!



ALCA Facebook Question of the Month

What are your comments so far on using your green cart?

Post your reply at:

[Facebook.com/arburlakecommunityassociation](https://www.facebook.com/arburlakecommunityassociation)

Remember to Like Us on Facebook. We will keep the page updated with community news and events.

Calgary Garbage Day App

Can't remember your new waste collection schedule? There's an app for that!



Green Bins Have Arrived – Tips To Keep It Clean

I had a green cart program at my last home. After some adjustment it became an easy habit – don't give up too fast. If you get discouraged, look down your street on green cart and blue cart collection day and be proud that none of that waste is going to the landfill.

What I did not get used to were maggots. I'll give you my prevention trick at the end of this article, but I'll start with some basics (mostly, but not all) from the City of Calgary website:

- Use a compostable bag, paper bag, or newspaper liner in your kitchen pail (this is not necessary, but does prevent food from sticking to the pail)
- Keep the lid of your kitchen pail and green cart closed (do not overfill or the flies will have easy access)
- Empty and rinse your kitchen pail every 2-3 days MINIMUM (you may want to do this daily during fruit fly season)
- Consider freezing meat and fish until collection day
- Wrap food scraps in a paper towel or newspaper before disposing of them
- Rinse your cart regularly and pour the dirty water onto the grass/gravel, not down the storm drain
- Put your cart out for collection every week – even if it's not full (if you'll be away, ask your neighbours to help you out)
- Keep your dry paper/cardboard recycling separate from your other recycling and use it to line your green cart before adding food scraps. Line the bottom as well as the sides, like a nest

Try the above options first. The goal is to prevent flies from being able to access the food waste to lay eggs.

If the above do not work, you may need to take it one step further until it's too cold outside for flies to survive. Unfortunately, my way is the most expensive, and least environmental – but it worked well for me for 5 years on a country acreage, even in the heat of summer. Here's how:



- Keep a plastic bag (preferably recyclable) in the green bin, and put your food waste into the bag, with a bag clip, until collection day.
- Dump the contents of the bag into the paper/cardboard nest as close to collection time as possible, and recycle the bag in your blue cart.

Do you have other comments or suggestions? Add them to the ALCA Facebook Question of the Month. Look for more information about the Question of the Month in this newsletter.

Leah Beamish - ALCA Secretary

Last Days of Summer Party!

The hot days of summer 2017 were awesome but they don't last the whole year. Wind-up the summer on a high note! Host an evening 'Last Days of Summer Party' and gather friends!

- Barbecue Burgers and supply the fixin's.
- Salad Bar (different kinds of salads like pasta or potato, or do a leafy salad bar where there are different veggies and sides to sprinkle on top of the greens)
- Candy Station for the kids
- Watermelon and popsicles are easy desserts that everyone loves
- Create a playlist of summer hits to have playing during the evening
- Have a few backyard games that kids and adults can play like a 3-legged race, tug-of-war, apple bobbing, or even races and an obstacle course.
- Put out some paper lanterns or string lights

Larynda McKay

Word Puzzles

- | | |
|-------------|----------------|
| 1. history | 4. xqqme |
| history | 5. lang4uage |
| history | 6. land time |
| 2. ban ana | 7. right right |
| 3. millio1n | |

1. History repeats itself 2. banana split 3. one in a million
4. Excuse me 5. Foreign language 6. The land before time
7. Equal rights

Smart Strategies for RESP Withdrawals

This September you'll be sending your child off to college or university for the first time. Fortunately, you've been saving diligently in a Registered Education Savings Plan (RESP) so there should be enough money to cover most if not all of their education and living expenses.

But, after saving for so many years, you should make the most of those RESP dollars with these smart withdrawal strategies.

- An RESP can be used for 35 years from the day it's opened, so you don't have to be in a hurry to liquidate its assets. If your child chooses a four-year undergrad, then use the money within four years. If your child opts for medical school, consider spacing it out over several additional years.
- You may also want to hold off or reduce withdrawals if your child has other sources of education funds, such as a scholarship or money saved from a summer job, in order to increase the potential for tax-deferred growth in the plan.
- There are three types of money in an RESP – the contributions you put in, government grants and bonds, and the income or gains generated from your investments. While contributions can be withdrawn tax-free, grant money and plan income are taxable to the recipient.
- Education Assistance Payments will be taxed as part of your child's income, and if it's low, that grant, bond, and income could be received effectively tax-free. However, if you think your child will earn a salary before they're finished using their RESP, it could make sense to make Education Assistance Payments early when they're in a lower tax bracket.
- You'll need some money immediately, but if your child is planning on going to school for several years, you'll also need to continue growing those savings. Money you intend to withdraw from the RESP in the very near future should be transferred into short-term investments like Money Market Funds or redeemable Guaranteed Income Certificates (GICs). Funds that may not be needed for a few years can stay invested a mix of mutual funds, stocks, and bonds.
- If your child decides not to go to school, contributions, and sometimes plan income may be returned to the RESP subscriber, or the RESP can be transferred to another child.



- If you withdraw contributions or plan income from an RESP while your child is not enrolled in post-secondary education, the grant money will be returned to the government and the income or growth within the RESP will be taxable to the plan subscriber, and could also be subject to additional penalties.

Clearly, withdrawing isn't as easy as straightforward as it may seem. Talk to your professional advisor about the best approach for your family.

Jamie Powell, CFP EPC RRC - Arbour Lake Resident
Comments and questions can be directed to the editor.

Did You Know... These Facts About September

- The birthstone is the Sapphire.
- The birth flower for September is Morning Glory.
- The two zodiac signs in September are Virgo (August 23 – September 22) and Libra (September 23 – October 22)
- September was named after *septem*, Latin for “seven”, when the original Roman calendar started in March, so September was the seventh month.
- The Anglo-Saxons called this month *Gerst Monath*, which means barley month. This is because they would harvest their barley crops during this month.

Planning and Development News

The Federation of Calgary Communities (FCC), of which the Arbour Lake Community Association is a member, shared these two requests for your help.

1) Development Application Notice Postings-Survey

The City of Calgary has created a survey to gain feedback on the newest version of their notice posting signs. These signs can be found on properties that have applied for new development or land use re-designations. The City piloted its new notice postings last year, and has since made improvements based on feedback they received. With this survey, you can give the City input to make sure the signs are simple, informative, and direct. The survey will be open until September 15, 2017 and takes less than 5 minutes to complete.

Go to <https://noticeposting.questionpro.ca/?redirect=/noticeposting> to answer the survey!

2) Petition to End Housing Discrimination in Alberta (Adult Only)

Our Counterparts in Edmonton, EFCL (Edmonton Federation of Community Leagues) has been actively involved in ending housing discrimination in Alberta and supporting child friendly housing. One of the barriers to affordable housing includes the practice of restricting renters based on their age – which too often includes families with young children. They have put together a petition for people to show their support.

More background on Child Friendly Housing Coalition of Alberta and the petition can be found at: <https://cfhca.ca/>

Help Us Collect Signatures

The province requires signatures to be collected on paper (not electronically). That means we need your help: if you're willing to sign the petition and/or lend a hand to collect signatures for the petition, we'd truly appreciate it! You can print the petition from our website, collect signatures, then send the signatures to us by October 15, 2017 so we can present them during the fall sitting of the legislature.

Our mailing address is
ATTN: Child Friendly Housing Coalition
#202, 10526 Jasper Ave. NW, Edmonton AB T5J 1Z7

Ray Wilkinson - ALCA Planning and Development

Calgary's Largest One Day Food Drive - It's a Community Affair

Community service is what it's all about when it comes to the annual City-Wide Food Drive. On Saturday, September 16, some 7,000 volunteers of all ages and backgrounds will spread across the city collecting non-perishable food donations in support of the Calgary Food Bank.

For the Clark and Anderson families, three generations of family members will be getting in on the act again this year. Brent and Judy Clark have volunteered for the City-Wide Food Drive for the past 10 years. "We've gone with our grandchildren a couple of times, and it was great!" says Judy. Sometimes folks were so generous, it took three kids to collect the bags from a single house, and that really impressed the kids! It was a joy to establish a family tradition with them of helping our communities."

Now in its 13th year, the City-Wide Food Drive is an easy and convenient way for you to help fill the shelves at the Food Bank as seasonal need for food hampers increases.

Starting the week of September 11, you'll see volunteers drop off donation bags on doorsteps across the city. These bags can be filled with non-perishable food items, and on Saturday, September 16, those same volunteers will return to collect the filled donation bags from your doorstep.

This year's City-Wide Food Drive target is to collect half a million pounds of food in one day! It's a lofty goal, but Calgarians are known for their generous hearts, especially during tough times. When it comes to neighbor helping neighbor, the City-Wide Food Drive really is a community affair!





ALCA Membership 2017

*****Valid from January 1 To December 31*****

The Arbour Lake Community Association (ALCA) is a non-profit organization governed by a group of volunteer residents just like you! We are recognized by the City of Calgary as being a representative voice in planning and development matters affecting the community. We create, promote and facilitate recreational and educational activities and work to address social welfare issues. By providing opportunities to bring people together under common goals and interests, we hope to help create a sense of belonging in your community and therefore enrich the lives of our community members.

Your contribution assists in helping the ALCA to fund many worthwhile projects and programs for people of all ages. Some examples of the ALCA's work are: building playgrounds and a fitness park, organizing a community soccer program, organizing our annual

community garage sale, purchasing a keyboard for our community choir, compiling the Reflections newsletter, and more.

It is important to know that the ALCA is a separate entity from the Residents Association at the lake (ALRA). Our Community Association does not receive any of the annual homeowner's fees. A community membership is voluntary and costs \$25 per year.

Help us to make Arbour Lake a great place to live, work and play!

Annually, the 20,000 community association volunteers contribute 2.4 million hours of public service, which has an equivalent monetary value of over \$28 million – excerpt from the Federation of Calgary Communities website



2017 Membership

P.O. Box 68006 Crowfoot RPO
Calgary, AB T3G 3N8
(403) 455-2520
www.arbourlakecommunity.com

Support your Arbour Lake Community Association by purchasing your membership.

ALCA Membership Fee \$25.

How to purchase?

Online at www.arbourlakecommunity.com

By Mail with payment and completed form. Please make cheque payable to *Arbour Lake Community Association* and mail to: Arbour Lake Community PO Box 68006, Calgary, AB, T3G 3N8.

Yes, I want to support the Arbour Lake Community Association and be a part of making Arbour Lake a great place to live, work and play.

Name (First & Last) REQUIRED
Address REQUIRED
Email REQUIRED
Phone REQUIRED

Arbour Lake Community Association is a non-profit organization. We will not use your information for any commercial activity.